

SPEAKERS 讲员

Dr Foo Fung Fong

Dr Foo is a medical doctor who followed her passion to serve disadvantaged children, youth and families in the community. She currently serves as Executive Director at Filos Community Services and is a qualified Family Life Educator. Her areas of interest and passion include Adolescent Health Issues, Sexuality Education and Mental Health issues especially in children and youth. Dr Foo and her husband are parents to one teenager and two young adults.

Ms Stella Tan

Ms Stella Tan holds a Masters Degree in Social Science of Professional Counselling. She has been involved in counselling and pastoral work for more than 15 years. Stella also conducts talks and trainings for both adults and children. Being a mother and at the same time, working with students, have given her a balanced perspective from both worlds. This has sparked off her passion to help parents raise healthy and happy children.

Mr David Leong

Mr David Leong has a Master's degree majoring in Marriage & Family from Regent College in Vancouver, Canada. He currently serves as the Executive Director of Scripture Union Singapore. He has over twenty years of experience speaking to children and young people on issues that matter to their hearts. He is also a certified Seminar Director of PREPARE-ENRICH, which provides inventories to prepare couples for marriage and enrich married couples in their marital relationship. He is married to Cynthia, a kindergarten principal and they have two teenagers and one younger child.

王雪伦

王雪伦女士毕业于新加坡国立大学中文系，后来前往美国深造考取了教育硕士文凭。雪伦因为拥有多年为青少年服务的经验，因此她意识到青少年与家庭工作有着密切的关系。近几年来，她把焦点转移到建立家庭及维系婚姻的工作，并在这样的课题上讲学。作为一个T-JTA (Taylor-Johnson Temperament Analysis) 和PREPARE/ENRICH婚前婚后心理测试工具的合格辅导员，她认为要做一个成功的家长，首先要自己的婚姻上下功夫。雪伦现任职于新加坡爱家机构，担任节目策划部门的副总裁。

吴雅仪

吴雅仪女士对青年潜能和家庭力量的信念启发着她在家庭生活教育方面的热诚。早期，她热心从事教学工作，辅导初级学院学生。组织家庭之后，她转移视线，专心栽培自己的孩子。今日，她仍继续在理工学院当附属讲师引导青年人。

雅仪是新加坡爱家机构的资源讲师与亲子课程的合格导师。她热烈维护孩子和家庭的利益，由MICA部长任命为互联网家长资源团领导委员会成员(PAGI, 2000至-2005年)，并且在出版物协商小组与电影检查小组作出贡献。她曾在公开研讨会以及电台和电视访谈节目上谈论她在安全浏览互联网的工作，也因此被杂志和报纸采访。

洪文庆

洪文庆先生对维系婚姻及建立家庭的工作有很大的热忱，所以常在婚恋和亲子上的课题讲学。文庆是T-JTA (Taylor-Johnson Temperament Analysis) 和PREPARE/ENRICH婚前婚后心理测试工具的合格辅导员。他能以测试格式来帮助夫妻更加了解自己与配偶的性格与关系，从中学习建立一个健康的夫妻关系。文庆也是婚姻的宣誓官。他拥有道学硕士文凭，目前是一名教牧人员，也是新加坡爱家机构的客座讲师。



Free two-way shuttle service available. Pick up from Outram MRT station (Exit A) at 8.15am (English) and 1.15pm (Mandarin) to Holiday Inn Atrium Singapore. 免费穿梭巴士服务将在上午8时15分和下午1时15分于欧南园地铁站(出口A)和酒店之间川行。

Registration is FREE!
免费报名!



ConnectIN: Sexuality In The Digital Age

联系: 科技时代的性问题

A seminar for parents. 家长研讨会。

3 March 2012

Atrium Ballroom, Holiday Inn Atrium Singapore

317 Outram Road Singapore 169705

Brought to you by:
主办单位:



Supported by:
支持单位:



PROGRAMME

English Session

0830 – 0900

0900 – 0915

0915 – 1015

1015 – 1045

1045 – 1215

1215 – 1245

华文研讨会

1330 – 1400

1400 – 1415

1415 – 1515

1515 – 1545

1545 – 1715

1715 – 1745

Activity 活动

Registration 登记

Welcome Address 欢迎致词

Keynote Session 主题演讲

Tea-break 茶点

Workshops 工作坊

Q & A and Closing 问答与总结

Keynote Session

Sexuality in the Digital Age

Speaker: Dr Foo Fung Fong

The impact and influence of the Internet, social and traditional media has exposed our children and youth not only to a wealth of information but also issues which may be sensitive to talk about at home, such as sexuality. In this session, parents will gain insights to the latest information on sexual health, learn more about the influence of the internet and media on their child and how they can better communicate with their children on the topic of sexuality.

主题演讲

科技时代的性问题

讲员: 王雪伦

网络、社会和传统媒体的发展使青少年有机会了解很多事情，包括一些敏感话题，比如性方面。父母可以在这个部分从中了解关于性健康的知识，也了解网络和媒体对于孩子们的影响，以及怎样可以在性的话题上与孩子们沟通。

Workshops

Workshop A: Where do I come from?

(Parents with children aged 7 to 10 years old)

Speaker: Ms Stella Tan

Talking to children about sexuality issues can be uncomfortable and parents may not know how to start. Through the session, parents will learn to talk to their child about sexuality issues, and leave equipped to be able to answer the questions children ask.

研讨会

工作坊A: 我从哪里来?

(家长具有7-10岁的孩子)

讲员: 王雪伦

跟孩子讨论性的课题可能使父母觉得不自在。很多父母也不知道如何开口。父母在这个工作坊可以了解如何从性健康谈起，然后回答孩子的问题，就可以克服这种尴尬的局面。

Workshop B: When can I start dating?

(Parents with children aged 11 to 14 years old)

Speaker: Mr David Leong

In their growing years, children and early teens get a barrage of sexual messages from the environment around them, their peers and of course the internet. Parents will learn how they can help their child make sense of the information that they come into contact with and make good choices to form healthy relationships with the opposite gender.

工作坊B: 我什么时候可以开始和异性朋友交往?

(家长具有11-14岁的孩子)

讲员: 吴雅仪

在青少年成长的过程中，他们可以从周围的环境中得到大量关于性的信息。父母可以学习怎样帮助他们去处理这些信息，做出正确的选择，并且与异性建立健康的关系。

Workshop C: What is love?

(Parents with children aged 15 to 18 years old)

Speaker: Dr Foo Fung Fong

A youth's attitude towards love and sexuality often faces the most turmoil during the mid to late teens. During this time, they are developing their own views and opinions. This workshop will help parents guide their child towards healthy attitudes about love and sexuality.

工作坊C: 什么是爱?

(家长具有15-18岁的孩子)

讲员: 洪文庆

在青少年后期，青少年对爱与性的态度会容易处于最混乱的状态。他们会在这个时期发展自己的世界观和建立自己的主见。此次的工作坊，将帮助父母亲更加容易接触孩子，引导他们形成对性与爱的健康态度。

No children will be allowed at seminar. No child minding services will be provided.
请家长们勿携带小孩。工作坊不设托儿服务。

For more details, please call Mr Adrian Ow or Ms Candace Chan at Tel: 6225 1002 or visit our website at www.yong-en.org.sg for online registration.

有关详情，请拨电 6225 1002 联络 Mr Adrian Ow 或 Ms Candace Chan 或浏览我们的网站 www.yong-en.org.sg 进行网上报名。